

LIVING WELL

in Fumble



MONDAY

EXERCISE

8:30am-9:30am
Special Events Room

ZUMBA

Coming soon!

RHYTHM WALKING

10am
Lobby & Outdoors

BINGO

1pm-3pm
Special Events Room

PICKLEBALL

11am-3pm
Cezeaux Building

TUESDAY

EXERCISE

8:30-9:30am
Special Events Room

BOWLING

10-11am
Max Bowl

LINE DANCING

1:30-2:30pm
Special Events Room

RHYTHM WALKING

10am – Lobby & Outdoors

BRIDGE

12:30-3pm
Ballroom III

TAI CHI

1pm-3pm
Ballroom II

PICKLEBALL

11am-3pm
Cezeaux Building

WEDNESDAY

EXERCISE

8:30-9:30am
Special Events Room

ZUMBA

Coming soon!

RHYTHM WALKING

10am
Lobby & Outdoors

BUNKO (card tbl)

11am-1pm
Special Events Room
(3rd Wednesday monthly)

PICKLEBALL

11am-3pm
Cezeaux Building

THURSDAY

YOGA

Coming soon!

FUN & GAMES (card tbl)

9am-2pm
Special Events Room

RHYTHM WALKING

10am
Lobby & Outdoors

PICKLEBALL

11am-3pm
Cezeaux Building

FRIDAY